

#### Day 1-Meditate on Galatians 6:1

Restoring gently

Just by our nature, it's easier to see *others* drifting from God rather than notice our own drifting. But as the scripture says, when we live by the Spirit we're reminded that we sin too. When I can admit my own drifting and know that God gives me grace, it gives me the compassion to have a gentle conversation with someone who needs to get back on track with God.

Think of some reasons why the author of Galatians warns about watching ourselves for temptations. What's the importance of restoration? And why is gentleness needed?

## Day 2-Meditate on Galatians 6:2

Shouldering regularly

There isn't one of us who is so completely independent and perfect that we don't make mistakes or need to rely on others from time to time. Loss of finances, relationships, or health can throw us into a season of great need. In those seasons, we need to swallow our pride and receive help. In the seasons when life is good and we have time, resources or energy to give, we need to share with others.

What season are you in at the moment? What do you have a little extra of that you can share? Maybe all you have to give is your compassion, encouragement, and prayer. Those things are just as valuable as time or money. Think about those around you who may be in need. Pick at least one person to share with this week.

# Day 3-Read Galatians 6:3 & 1 Corinthians 12:12-26

Thinking humbly

Reflect on 1 Corinthians 12:12-26. Journal your thoughts about how unity works in the physical body and as the body of Christ. Where does humility fit into this picture?

#### Day 4—Meditate on Galatians 6:4-5 & Genesis 2:15

Working diligently

God created us to work. Our bodies are made to move or they atrophy. He gives us a sense of pleasure in our accomplishments. If we are able bodied, we are supposed to be working and providing for ourselves and our families as well as those in need. Some of us are over diligent and need to remember to rest.

What is in these passages that speak to you about your own life? Do you need to search your motives? Do you spend too much time comparing yourself with others? Do you need to carry more of the load or help someone in need? Or maybe you need to do the opposite and find balance in your life and rest. Pray for God's wisdom and direction.

## Day 5-Meditate on Galatians 6:10

Gracing frequently	
God's grace is bigger than our	
□ Failure	□ Problems
<ul><li>Dumb choices</li></ul>	□ Sin
□ Brokenness	□ Situation
□ Disappointments	

Check the boxes that speak to you today. List some ways that you can give yourself some grace just as if you were encouraging someone else.

One of the greatest ways we can bless others is to realize that we all need grace when we make mistakes. Recognizing those faults in ourselves allows us to have compassion for others.

What opportunities is God placing in front of you today to share a little grace with someone? Notice the people around you, and find some small ways to inspire and cheer them on.

### **Next Steps**

Meditate on John 17:20-26 & Ephesians 4:1-6.

Recommended reading:

The book of *Galatians*The Good and Beautiful God by James Bryan Smith